

## Transferring the patient



### Attach Harness

1. Position the harness around the upper body of the patient so the sides of the harness are between the patient's torso and arm, resting 2 – 3 inches below the underarm. (See FIG. 1)



Figure 1

2. For the safety of the patient, securely fasten the safety strap around the patient's torso.
3. Secure the buckle and pull the strap to tighten.

### Position Shin Pad and Foot Plate

The foot plate has several adjustments to raise or lower the plate. The normal setting is in the lowest position. The shin pad has several vertical adjustments for various patient heights and conditions and normally is left in the middle

position. The shin pad can be adjusted horizontally toward the patient as well, and is normally used in the position closest to the mast of the EZ Way stand

NOTE: The adjustability of the above three items allows for the greater patient comfort. However, for most patients the recommended settings are adequate.

To adjust the shin pad horizontally, remove the pin, slide the glide bar to desired location and insert the pin. To adjust vertically, follow the same instructions.

### Position EZ Way Stand In Front Of Patient

1. Use the leg spreader bar (See FIG. 2) to open the EZ Way stand legs to get around a wheelchair, toilet or chair, if necessary.

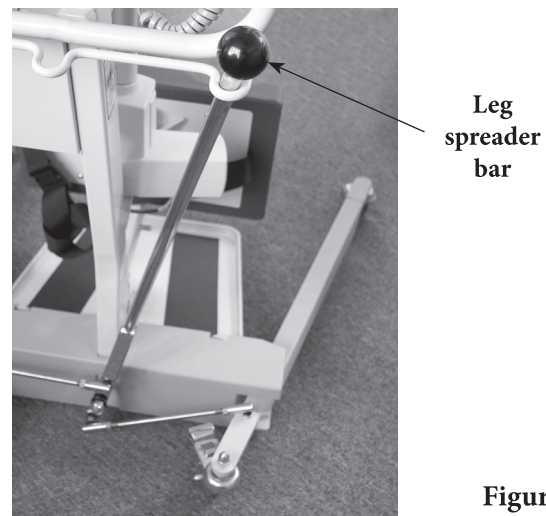


Figure 2



Figure 3

2. Position the unit in front of the patient.
3. Have patient place feet (help patient if needed) on foot plate and position their shins into the shin pad. The shin pad should be positioned below the knees. (See FIG. 3).  
Use of Shin Pad Strap: If a caregiver deems it necessary to keep a patient's shins or feet on the foot plate, secure the shin strap around the patient's legs.

### Attach Harness to EZ Way Stand

With the lift arm in lowest position, attach the harness to the hooks at the end of the EZ Way stand arm using the loops at the end of the harness. Use the shortest loops when possible. To ensure patient safety and comfort, make sure to use the same color loop on each side. (See FIG. 4)

### Raise the Patient

1. Position patient's arms on the outside of the harness and have them place their hands on the padded handles.
2. With hand control in-hand stand beside the patient. Verify the loops are properly hooked inside the "pigtail" at the end of the EZ Way stand arms and the Safety



Figure 4



Figure 5

Catch is in place, blocking the strap from exiting through the pigtail. Press the UP button. As the patient is being raised, simultaneously tighten the safety strap buckled around their torso. Stop lifting when the patient is in a standing position. (See FIG. 5)

### Transfer the patient

1. Move the patient away from the bed, chair, wheelchair, toilet or commode. Using the leg spreader bar, move the legs to the closed position.
2. With the patient in a standing position, transfer the patient to the desired location. Be aware of any obstacles that may inhibit the movement of the EZ Way stand.

### Lower the patient

1. When lowering the patient onto a chair, toilet, wheelchair or bed, the caregiver should stand beside the patient.
2. Press the DOWN button on the hand control until the patient is fully lowered. (See FIG. 6).



Figure 6



If needed, the caregiver can hold onto the center harness handle just before the patient is seated in order to help properly position the patient's backside into the back of a seat.

### Unhook harness

1. When the patient is securely seated, lower the stand arm until there is enough slack to unhook the harness loops from the arm. Unhook the loops.
2. Move the unit away from the patient.
3. Unfasten the buckle that is across the patient's torso. Remove the harness from behind the patient by grasping the center harness handle.

### Using the EZ Way stand to ambulate a patient

**NOTE: Adjustable walker handles are used when ambulating with Smart Stands. (See EZ Way stand accessories). Patient MUST ALWAYS wear the harness when using the EZ Way stand. It can be helpful to use the seat strap during ambulation.**

1. Remove the foot plate.
2. Insert the walker handles into the handles of the EZ Way stand arms, adjusting them to the proper length needed for the patient. The handles are color-coded to ensure they are adjusted equally. Tighten the knobs of the walker handles to secure them.
3. Apply the harness (Refer to directions on page 4 Transferring the patient; Apply the harness) (FIG. 7).
4. Position the EZ Way stand in front of patient making sure shins are aligned with the shin pad. Lock rear wheels.



Figure 7

5. With the lift arm lowered, attach the harness to the hooks at the end of the EZ Way stand arm using the loops at the end of the harness. Use the appropriate loop to ensure patient safety and comfort make sure to use the same color loop on each side.
6. With the wheels locked, raise the patient to a comfortable walking position.
7. Once the patient is steady and ready to begin walking, instruct patient to grasp walker handles. Push the DOWN button briefly to allow for greater distance between the patient and the EZ Way stand, giving the patient additional room for their gait. Unlock the rear wheels to allow the EZ Way stand to move with the patient. It is helpful to talk the patient through the procedure as the steps are being performed.

### Seating the patient after ambulation

1. If the patient weakens, lock the EZ Way stand wheels and position a wheelchair or chair under the patient. Position the patient over the seating surface (i.e. chair, wheelchair, or bed) so they can be safely seated after lowering. (Lock the wheels of the wheelchair, chair or bed.)
2. Lower the patient onto the seating surface by pushing the DOWN button. It is helpful to stand next to the patient as they are being lowered. (See FIG. 8)
3. Once seated, unhook the harness from the EZ Way stand, unlock the wheels of the EZ Way stand, and pull the unit away from the patient.
4. Unbuckle and remove the harness from the patient's torso.



Figure 8