



Gait Training Sling Instructions

EZ Way, Inc.

The Gait Training Sling is to be used with the Smart Lift® 1000 lb. capacity mobile lift or with the EZ Way Ceiling Lift. The sling is only for use with weight bearing individuals.
The sling comes in one piece for ease of application. Apply the sling when the patient is in a seated position.

Applying the Gait Training Sling:

1. Lean the patient forward and place the sling behind the patient's back, and almost down to the seat of the chair. Lean the patient back into the chair.
2. Bring the torso strap around the patient's waist, buckling the two straps in front. Tighten each strap by pulling on the loose end of the strap. The sling should be very snug around the patient's mid-section.
3. Bring the left leg strap under the patient's left leg, making sure it remains smooth and doesn't bunch. Buckle the leg strap to the buckle located on the left side of the torso strap and tighten. Repeat these steps for the right leg.
4. Move the lift to the patient and lower the hanger bar so it is just above the patient's head. Attach the lifting straps to the hanger bar of the EZ Way floor lift or ceiling lift (when using the ceiling lift, rotate the hanger bar into a vertical position and attach the strap to the lower hook). Adjust the length of the straps so they are taught.
5. Assist the patient to stand by using hitting the Up button and raising the lift. You may also use a walker or parallel bars in addition to the lift.
6. Once standing, tighten the torso straps around the waist, if needed.



A walker or parallel bars can be used for assistance. Maintain slight tension on the lift straps using the lift as a safety device. If a mobile lift is being used, have an assistant move lift along while the patient walks. If a ceiling lift is used, assist the patient to walk the length of the ceiling track.

If the patient becomes weak and can no longer stand, safely lower them into a chair or wheelchair and remove sling.

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⚠WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov.