



EZ Way, Inc.

e/z Repositioning and Turning Sheet Operating Instructions

The EZ Way line of Repositioning and Turning Accessories was designed to aid caregivers in effectively turning a person, repositioning a person, elevating a person over a bed to change bed linen, and weighing a person when positioned over a bed or lateral surface. Do not lock the wheels of the lift when using the accessories. Operators must follow the instructions below when using the items.

Turning the Patient Side-to-Side

1. The sling or sheet must be placed under the person, either by log-rolling the person, or by placing on the person's bed while the person is not in bed.
2. Raise the bed rails on the side you will be turning the person towards.
3. Remove the two hanger bars from the hanger assembly located at the end of the lift boom, turn the hanger assembly so that it is parallel with the sides of the bed.
4. To turn the person, find the straps on the side of the sheet opposite the direction you're turning them. Attache the loops on the straps closest to the head of the bed to the hook near the head and attach the loops on the straps closest to the foot of the bed to the hook near the foot. Make sure to use at least 4 straps to provide support to the shoulders, torso, and hip area during the turning process.
5. Using the lift controls, lift the boom so that the person is turned to the desired degree, and insert wedges or pillows under the person to position the person as desired.
IMPORTANT: ALWAYS WATCH THE MOVEMENT OF THE PERSON TO ENSURE THEY ARE NOT IN DANGER OF ROLLING INTO THE SIDE RAIL OR OUT OF BED.
6. Lower the lift boom to release the tension in the sheet and unhook the loops from the hanger assembly.

⚠WARNING: Cancer and Reproductive Harm - www.P65Warnings.ca.gov.



Repositioning to the Head of the Bed

Remove any obstructions that could be encountered when moving the person with the lift prior to repositioning.

1. The sheet must be placed under the person, either by log-rolling the person, or by placing the item on the person's bed while the person is not in bed. The person's head should be positioned within the sheet, and not extend out from the top edge of the sheet. Make sure the sheet is extended the full length of the bed.
2. Position the nose of the boom over the person's abdomen. Lower the lift boom enough to hook up the straps.
3. Using the straps on the sides of the sheet, first, attach the strap loops closest to the head of the person to the hanger bar hooks nearest their head on the hanger bar. Make sure to use the same level of loop on each side. Then, attach the strap loops nearer to the person's lower body to the hooks closer to the lower body, again using the same level of loop on each side. It's recommended to hook a minimum of 4 strap loops on each side of the sheet to the lift. If the person prefers, a caregiver can support their head instead of the sheet, as long as the shoulders and torso are still supported. Consider the person's size and condition when selecting which strap loops to use, but it's recommended to use the shorter strap loops (those closest to the sheet) when attaching the straps near the head, a slightly longer loop in the middle of the body, and a longer loop (3rd loop) near the feet.
4. Raise the person slightly. Once there is tension on the loops, pause lifting and double check the loops are securely seated in the hooks.
5. Raise the person enough to elevate them off the bed. One caregiver should gently guide the person toward the head of the bed, while another gently moves the lift using the lift handle bars.
6. Lower the person to the bed and unhook the loops from the hanger bars.
7. An alternative option for repositioning is to lift the person as instructed, unlock the wheels of the bed and move the bed so that the person is positioned at the head of the bed, lock the wheels of the bed, and lower the person onto the bed. This procedure is recommended in cases where obstructions may block the movement of the lift, such as cords, tubes, or furniture. The person should always remain over the bed surface during any movement of the bed and while being repositioned.

Important: The caregiver must be aware of the distance of the person's head from the headboard to avoid contact with the headboard when repositioning.

While turning or repositioning, do not roll lift over obstructions or objects that could create an imbalance of the lift. Only use the lift handles to maneuver the lift.



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Elevating Over a Lateral Surface for Weighing or Changing Bed Linens

1. The sheet must be placed under the person, either by log-rolling the person, or by placing the item on the person's bed while the person is not in bed. Ensure the person's head is positioned within the sheet, and does not extend out from the top edge of the sheet. Make sure the sheet is extended the full length of the bed.
2. Position the nose of the boom over the person's abdomen. Lower the lift boom enough to hook up the straps.
3. Using the straps on the sides of the sheet, first, attach the strap loops closest to the head of the person to the hanger bar hooks nearest their head on the hanger bar. Make sure to use the same level of loop on each side. Then, attach the strap loops nearer to the person's lower body to the hooks closer to the lower body, again using the same level of loop on each side. It's recommended to hook a minimum of 4 strap loops on each side of the sling/sheet to the lift. If the person prefers, a caregiver can support their head instead of the sling/sheet, as long as the shoulders and torso are still supported. Consider the person's size and condition when selecting which strap loops to use, but it's recommended to use the shorter strap loops (those closest to the sheet) when attaching the straps near the head, a slightly longer loop in the middle of the body, and a longer loop (3rd loops) near the feet.
4. Raise the person slightly. Once there is tension on the loops, pause lifting, and double check to make sure the loops are seated in the hooks.
5. Raise the person enough to elevate them off the bed. Press the WEIGHT button on the lift to weigh the person. If changing bed linens, follow instructions 1 – 4 above, elevating the person over the bed and proceed changing the linens.
6. Lower the person to the bed, and unhook the strap loops from the hanger bars.



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Lateral Transfers from a Bed to Gurney/Stretchers

Important: Survey the area prior to performing a lateral transfer to make sure there are no obstructions in the path of the lift or person during the lateral transfer, that no straps are dangling that can get caught on objects, and that the lift will not roll over obstructions or objects that could create an imbalance of the lift. Only use the lift handles to maneuver the lift.

Only perform a lateral transfer with a repositioning sheet while the person is in a supine position.

1. The sheet must be placed under the person, either by log-rolling the person, or by placing the item on the person's bed while the person is not in bed. Ensure the person's head is positioned within the sheet, and not extend out from the top edge of the sheet. Make sure the sheet is extended the full length of the bed.
2. Position the nose of the boom over the person's center of equilibrium, most often the waist or abdomen. Lower the lift boom enough to hook up the straps. Position the hanger bar so that the sling hangers are parallel with the person's body.
3. Using the straps on the sides of the sheet, first, connect the strap loops closest to the head of the person to the hanger bar hooks nearest their head on the hanger bar. Make sure to use the same level of loop on each side. Then, attach the strap loops nearer to the person's lower body to the hooks closer to the lower body, again using the same level of loop on each side. For optimal transferring, it is recommended that all straps be attached to the lift hanger bars when laterally transferring. At a minimum, straps located above the person's head through the lower calf region must be hooked to the lift to laterally transfer the person. Consider the person's size and condition when selecting which strap loops to use, but it's recommended to use the shorter strap loops (those closest to the sheet) when attaching the straps near the head, a slightly longer loop in the middle of the body, and a longer loop (3rd loops) near the feet.
4. Raise the person slightly. Once there is tension on the loops, pause lifting and double check to make sure the loops are seated in the hooks.
5. Raise the person enough to elevate them off the bed. One caregiver should move the lift using the lift handlebars to transfer the person over the bed or stretcher/gurney while another caregiver is available to help position them properly over the surface to be transferred to.
6. Lower the person to the bed, and unhook the loops from the hanger bars.